Offshore Special Regulations – New Appendix

Pain Chart

A submission from Yachting Australia

Purpose or Objective

To add a new Appendix titled Pain Chart.

Proposal

Insert the following chart as an Appendix:

WHERE DOES IT HURT?

NOTE: Tell the doctor
- Where pain starts
- Course of pain
- Final situation
- Severity of duration

STATE the type of pain:
- Sharp
- Dull
- Throbbing
- Constant or irregular

Chart by courtesy of the Royal Flying Doctor Service of Australia
Current Position

There is no chart in present regulations.

Reason

The pain chart is an established tool used in Australia for providing rapid information to medical services. It was developed by the Royal Australian Flying Doctor Service for dealing with illness or injury by radio in remote areas and has been very helpful when dealing with illness or injury in offshore races where medical help is required by radio.